

sprig & thistle

T A K E A W A Y
M E N U

Seasonal, vibrant & delicious food. Sprig & Thistle supplies a variety of takeaway food options; salads, sides, proteins, platter boxes, breads, dips & sweets.

This menu is designed for the enjoyment of hosting a function, lunch or dinner party without having the hassle of cooking.

Dietary requirements/alternatives are available on request. All food is presented in transportable boxes, unless discussed otherwise.

Pickup from the Sprig & Thistle shop -
6 Princhester Road, The Key.

**All prices excludes GST & travel.*



SALADS

small (serves 6-8) \$85

medium (serves 12-16) \$150

large (serves 18-24) \$210

chargrilled broccoli, edamame, quinoa, rocket, whipped feta, buckwheat + mint

cajun roast beetroot, green beans, spinach, balsamic onions, feta, walnuts + mint

pumpkin & basil ravioli, baby spinach, cherry tomatoes, roasted capsicum, olives, feta + basil pesto

turmeric spiced cauliflower, cranberries, almonds + tahini dressing

5 spice kumara, parsnip, black rice, rocket, edamame, herbs + green garlic sauce

seasonal roast vegetables, lentils, spinach, toasted seeds + herby mayo

marinated vegetable pasta, olives, eggplant, courgette, capsicum, tomato, fresh herbs + feta

**minimum spend of \$200 on every order*



P R O T E I N

italian beef meatballs - with a herby, garlic

tomato sauce

serves 8-10 - \$140

serves 12-20 - \$235

chicken & leek gratin

serves 8-10 - \$140

serves 12-20 - \$235

shephard's pie

serves 8-10 - \$130

serves 12-20 - \$230

side of salmon

flavours: lemon + herb parmesan crust or

caper, dill + lemon yoghurt

whole side (serves 15 \$165)

vegetarian lasagne

serves 8-10 - \$125

serves 12-20 - \$210

**minimum spend of \$200 on every order*



SWEETS

chocolate brownie

flavours: oreo, nutella or triple chocolate

serves 12 - \$60

serves 24 - \$95

blondies

flavours: biscoff, caramel, white choc + raspberry

serves 12 - \$60

serves 24 - \$95

rocky road

flavours: caramilk, white or milk chocolate

serves 12 - \$65

serves 24 - \$120

muesli bar slice

serves 12 - \$60

serves 24 - \$110

**minimum spend of \$200 on every order*

